



Disclaimer

The information in this guide is for self-help and should not replace professional medical advice. If you're experiencing emotional difficulties or feel unsafe, please reach out to a qualified mental health professional. For urgent support, contact Samaritans at 116 123 or text "SHOUT" to 85258. If you're in immediate danger, call 999. Your safety is important, so seek help when needed

Celebrating the strengths and abilities of neurodivergent individuals.

Sharing personal stories and experiences of those with ADHD, autism, dyslexia, and other conditions promotes inclusivity and understanding within communities and workplaces.

Assistive Technology

These include devices, software, and equipment designed to help students with disabilities perform tasks that might otherwise be difficult. Examples include speech-to-text software for students with dyslexia, screen readers for visually impaired students, and adaptive keyboards for those with motor skill challenges. These tools can significantly enhance learning by providing alternative ways to access information and communicate.

Visual Learning Tools

Visual aids such as visual schedules, social stories, and picture exchange communication systems are particularly beneficial for students with autism spectrum disorder (ASD). These tools help structure daily routines, understand social interactions, and improve communication skills. Visual schedules can reduce anxiety by providing clear expectations, while social stories can teach appropriate social behaviours in various situations.

Interactive Learning Tools

Tools like interactive whiteboards and educational apps engage students in hands-on learning, making lessons more dynamic and interactive. These tools can cater to different learning styles and keep students motivated. For example, interactive whiteboards allow teachers to present information visually and interactively, while educational apps can provide personalised learning experiences and instant feedback.

Educational Materials

These are tailor-made classroom materials designed to meet the specific needs of SEN students. They can include modified worksheets, adapted books, and specialised learning kits. These materials ensure that all students can access the curriculum at their level and pace, promoting inclusivity and equal learning opportunities.

Support Services

This category includes local authority support, information, advice, support services (IASS), and one-on-one support for parents and carers. These services provide essential guidance and assistance to families navigating the SEN landscape, helping them access the right resources and support for their children.

Specialised Programs

Programs like EarlyBird for young autistic children and other age-specific support programs offer targeted interventions and support. These programs are designed to address the unique needs of different age groups, providing early intervention, skill development, and support for both children and their families.

Online Resources

Websites like Twinkl offer various teacher-made resources for various educational stages. These resources include lesson plans, activity sheets, and interactive games tailored to the needs of SEN students. Online resources provide easily accessible and diverse materials that can be used both in the classroom and at home.

Remember, being different is not a limitation; with the right tools, everyone can thrive.

